

COOKIE POLICYWEBSITE COOKIE POLICY

1. WHAT ARE COOKIES?

Our websites use cookies. Cookies are small text files that are stored on your computer (or internet-enabled device) by websites you visit. They are widely used in order to make websites work and to improve their efficiency, as well as to provide website usage information to the website owner.

2. WHY DO WE USE COOKIES?

Our websites use cookies to distinguish you from other users of our websites in order to help us to improve your experience when you browse our websites. For example, they allow you to navigate between pages efficiently.

3. WHAT COOKIES DO WE USE?

3.1 Our websites use two kinds of cookie (using categories suggested in the International Chamber of Commerce UK's ("ICC") Cookie guide):

- Strictly necessary cookies; and
- Performance cookies; and

For more information on these categories, please see the ICC's Cookie guide [available here](#).

4. STRICTLY NECESSARY COOKIES

These are essential to enable you to move around our websites and to allow the features of the sites to work correctly. Without these, services you request such as navigating between pages cannot be provided.

We use the following strictly necessary cookies on our websites:

| Name | Where | Purpose | More information |
|-----------------------|-------------|--|---|
| wordpress_ | Site cookie | WordPress cookie for a logged in user | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| wordpress_logged_in_ | Site cookie | WordPress cookie for a logged in user | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| wordpress_test_ | Site cookie | WordPress cookie for a logged in user | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| wordpress_test_cookie | Site cookie | WordPress test cookie | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| wp-settings- | Site cookie | WordPress also sets a few wp-settings-[UID] cookies. The number on the end is your individual user ID from the users database table. This is used to customize your view of admin interface, and possibly also the main site interface. | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| wp-settings-time- | Site cookie | WordPress also sets a few wp-settings-{time}-[UID] cookies. The number on the end is your individual user ID from the users database table. This is used to customize your view of admin interface, and possibly also the main site interface. | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| PHPSESSID | Site cookie | To identify your unique session on the website | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| SESS | Site cookie | To ensure that you are recognised when | http://theforgivenessproject.com/cookie-policy/#post-3390 |

| | | | |
|--------------------------|-------------|--|---|
| | | you move from page to page within the site and that any information you have entered is remembered. | |
| __qca | Site cookie | The _qca cookie may use your “computer’s IP address, pixel code, referring HTTP location, current HTTP location, search string, time of the access, browser’s time, any searches made on the applicable website, and other statistics” in order to “analyze Log Data from different websites and combine it with other non Personally Identifiable Information to produce the Reports that are made available on the Quantcast.com Site, to enable web publishers and advertisers to deliver audience segments that are appropriate for their products or services.” | http://theforgivenessproject.com/cookie-policy/#post-3390 |
| | | | |
| _ga | Site cookie | Used to distinguish users. | https://developers.google.com/analytics/devguides/collection/gajs/cookie-usage?hl=en |
| _gid | Site cookie | Used to distinguish users. | https://developers.google.com/analytics/devguides/collection/gajs/cookie-usage?hl=en |
| | | | |
| __sharethis_cookie_est__ | Site cookie | | https://www.sharethis.com/privacy/ |

| | | | |
|--------|------------------|--|--|
| __stid | Share this | | https://www.sharethis.com/privacy/ |
| adiV | AdInsight Cookie | The adiV cookie contains an identifier number which is used by AdInsight to track a visitor over time. This allows AdInsight to show multiple visits made by a customer over time from the same browser. This cookie is set to expire 1 year after the visitor leaves the website. | AdInsight is a phone call analytics tool, used by companies to understand the customer interaction. The cookies store unique identifiers that allow AdInsight to track a visitor's progress through the website over time. Expires on Browser Close. |
| adiVi | AdInsight Cookie | The adiVi cookie contains an identifier number which is used by AdInsight to help track a visitor's path while they are on the website. This cookie is set to expire 30 minutes after the visitor leaves the website. | Expires on Browser Close. |
| adiLP | AdInsight Cookie | The adiLP cookie is used to help track visitors who have multiple tabs open in the same browser to prevent errors in tracking. | Expires on Browser Close. |

7. THIRD PARTY WEBSITES

Our websites link through to third party websites, which may also use cookies over which we have no control. We recommend that you check the relevant third party's privacy policies for information about any cookies which may be used.

8. CONSENT AND CONTROL

When you sign up via our websites to receive services which we are aware use performance cookies or clear gifs (see above) or their equivalent, we will inform you as part of the registration process and ask you to consent to these. If you do not wish to consent then please do not sign up for the service.

8.1 If you wish to restrict, block or delete the cookies which are set by any websites, you can generally do this through your browser settings. The "Help" function within your browser should tell you how.

8.2 Alternatively, you may wish to visit www.allaboutcookies.org which contains information on how to block cookies from a wide variety of browsers. You will also find details on how to delete cookies from your computer as well as more general information about cookies.

8.3 Please note that by deleting or blocking cookies, our websites may not function correctly and you may not be able to access certain areas.

9. CHANGES

9.1 We may need to update this Cookie Policy in the future and so encourage you to review this Cookie Policy periodically to stay informed about how we are using cookies. This cookie policy was last updated July 2016.

10. FURTHER INFORMATION

You can find more information about cookies at: www.allaboutcookies.org and for a video about cookies

visit www.google.co.uk/goodtoknow/data-on-the-web/cookies.

10.1 If you have any questions or comments regarding this Cookie Policy, please email info@thomasmansfield.com

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